2\textsuperscript{nd} March, 2015

2015 House Cross Country

Dear Parents/guardians,

Chirnside Park’s 2015 House Cross Country event is being held on Wednesday 18\textsuperscript{th} March at 9:00am – 11:00am. All students will be involved in the Cross Country which will be run around Kimberley Reserve (next to the school). Students are encouraged to wear their house colours to feel part of their team, please make sure they have appropriate foot wear, water bottle and any necessary medications (ie, asthma puffer). Parents are invited to come along and support their children.

A back up day if needed is booked for Wednesday 25\textsuperscript{th} March.

Distances
Preps – 600 m
Grade 1- 1km
Grade 2- 1.5km
9 &10 year old students 2km
11 year old students 2.5km
12 & 13 year old students 2.5km

The District Cross Country Championships will be held for students in Grade 3-6 at Lilydale Lake on Tuesday 19\textsuperscript{th} May. The first 10 placed boys and girls in each of these age groups will go on to compete at the District Cross Country Championships to represent our school. If your child is in Grade 3 – 6 and is away for the school event but would like to participate in the District Cross Country please advise me as soon as possible.

All students will receive a competitor’s ribbon and first to third place getters will receive a place getters ribbon and certificate.

Good Luck to all competitors.

Mr Norton
Physical Education